



**DOLPHIN (PG) INSTITUTE OF BIO-MEDICAL & NATURAL SCIENCES,
MANDUWALA, DEHRADUN
Department of Physiotherapy
ADD ON COURSE ON TAPING**

REPORT

Department Of Physiotherapy, Dolphin (PG) Institute of Bio-Medical & Natural Sciences, Dehradun organised a 5 days add on course on taping from 27 July 2022 to 31 July 2022. The course was attended by 46 students. The course was divided into Theory and Practical sessions. Theory aspects of taping included introduction of taping to its uses, physiology behind, indications, contraindication, precautions and recent advances. The practical aspects included the application and its procedures.

The speakers of the course were Dr Piyuh Jain, Founder PhysioPanda, Dr Depteer Warikoo, HOD, DIBNS, and Dr Sunil Bhatt Ass. Prof., DIBNS, Dr Ashish Dev Gera, Ass. Prof., DIBNS. All the speakers focussed mainly on implementation and application of Taping Technique. The hands-on session was carried out on last 2 days at the Auditorium, DIBNS. Speakers explained that Taping is used as one of the means of rehabilitation or prophylaxis in instances where support and stability are needed, as a first-aid tool, for the prevention of injury and protection of an injured anatomical structure while healing is taking place. The Hand on technique was practiced thoroughly in the sessions which gave the participants confidence of using it for treatment purpose.



DOLPHIN (PG) INSTITUTE OF BIO-MEDICAL & NATURAL SCIENCES,
MANDUWALA, DEHRADUN
 Department of Physiotherapy
ADD ON PROGRAMME ON TAPING
ATTENDANCE

S no.	Name	Day 1	Day 2	Day 3	Day 4	Day 5
1.	Abhishek Soni	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek
2.	Aditi Agarwal	Aditi	Aditi	Aditi	Aditi	Aditi
3.	Ajay kumar Banjara	Ajay	Ajay	Ajay	Ajay	Ajay
4.	Akshat Singh Chauhan	Akshat	Akshat	Akshat	Akshat	Akshat
5.	Alisha	Alisha	Alisha	Alisha	Alisha	Alisha
6.	Anjali Rawat	Anjali	Anjali	Anjali	Anjali	Anjali
7.	Anusha Chavi	Anusha	Anusha	Anusha	Anusha	Anusha
8.	Chandra Kant Ojha	Chandra Kant Ojha	Chandra Kant Ojha	Chandra Kant Ojha	Chandra Kant Ojha	Chandra Kant Ojha
9.	Deepika Joshi	Deepika	Deepika	ABSENT	Deepika	Deepika
10.	Gurvant Singh	Gurvant	Gurvant	Gurvant	Gurvant	Gurvant
11.	Heena Ansari	Heena	Heena	Heena	Heena	Heena
12.	Jaya Singh	Jaya	Jaya	Jaya	Jaya	Jaya
13.	Jaya Singh	Jaya	Jaya	Jaya	Jaya	Jaya
14.	Kamya	Kamya	Kamya	Kamya	Kamya	Kamya
15.	Keshav Sharma	Keshav	Keshav	Keshav	Keshav	Keshav
16.	Khusboo Raj	Khusboo	Khusboo	Khusboo	Khusboo	Khusboo
17.	Lungdayile	Lungdayile	Lungdayile	Lungdayile	Lungdayile	Lungdayile
18.	Manpreet	Manpreet	Manpreet	Manpreet	Manpreet	Manpreet
19.	Mansi Chandel	Mansi	Mansi	Mansi	Mansi	Mansi
20.	Mansi Srivastava	Mansi	Mansi	Mansi	Mansi	Mansi
21.	Md Uwais	Md Uwais	Md Uwais	Md Uwais	Md Uwais	Md Uwais
22.	Md. Anas	Md. Anas	Md. Anas	Md. Anas	Md. Anas	Md. Anas
23.	Monika Kandpal	Monika	Monika	Monika	Monika	Monika
24.	Nandini Kumari	Nandini	Nandini	Nandini	Nandini	Nandini
25.	Naseema	Naseema	Naseema	Naseema	Naseema	Naseema
26.	Nida	Nida	Nida	Nida	Nida	Nida
27.	Nidhi Rawat	Nidhi	Nidhi	Nidhi	Nidhi	Nidhi
28.	Pariksha Tomar	Pariksha	Pariksha	Pariksha	Pariksha	Pariksha



Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun

Affiliated to H.N.B. Garhwal Central University, Srinagar, Garhwal, Uttarakhand

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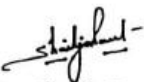
CERTIFICATE OF COMPLETION

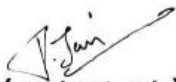
awarded to Dr./Mr./Ms. *Lungdayile*

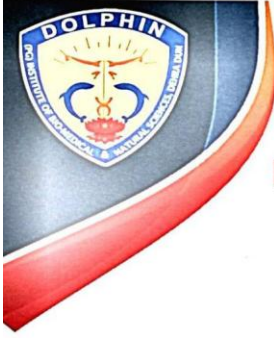
of *DIBNS*

for successfully passing the Add-on Certificate Course in Taping Techniques organized by Department of Physiotherapy, Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun from 27th July to 31st July, 2022.


(Shri. Arvind Gupta)
Chairman


(Dr. Shailja Pant)
Principal


(Dr. Piyush Jain)
Chief Instructor



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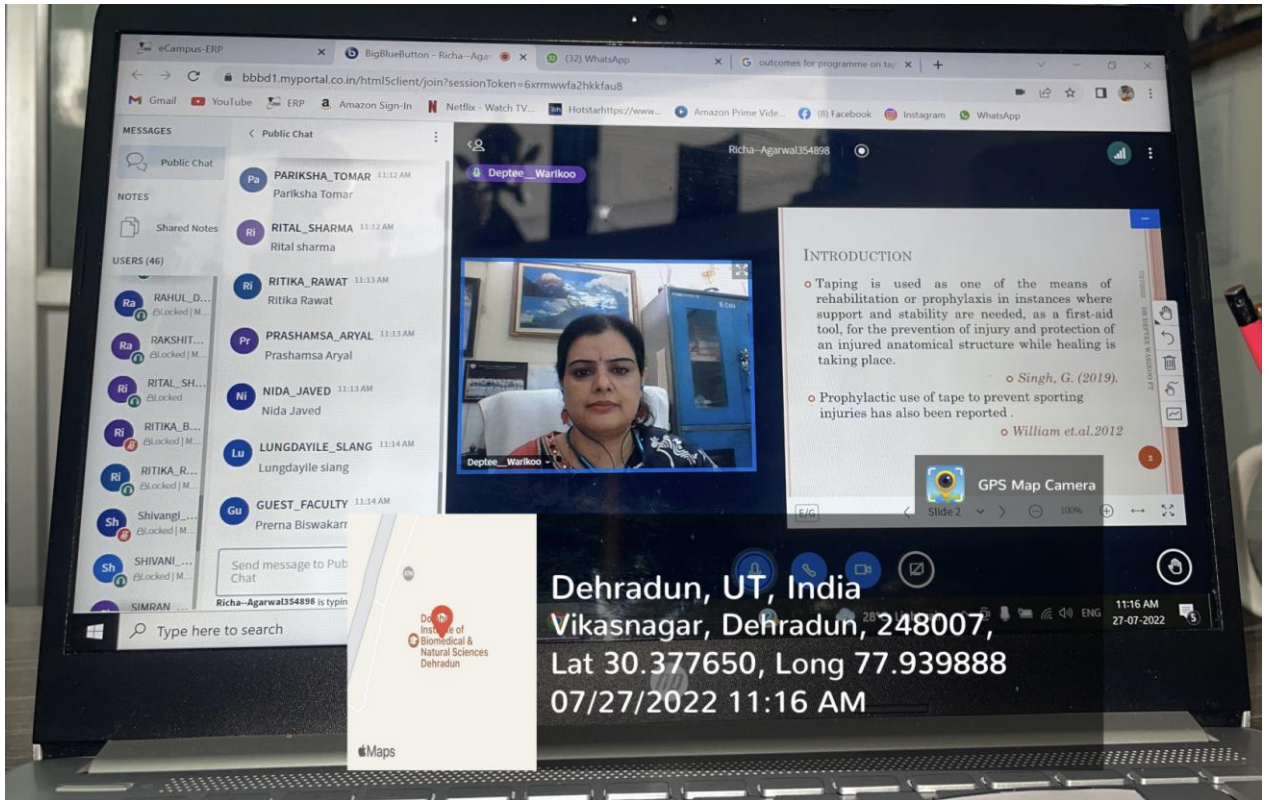
awarded to Dr./Mr./Ms. *Ajay Kumar Banjara*
of *DIBNS*

for successfully passing the Add-on Certificate Course in Taping Techniques organized by Department of Physiotherapy, Dolphin (PG) Institute of Biomedical & Natural Sciences, Dehradun from 27th July to 31st July, 2022.

Arvind Gupta
(Shri. Arvind Gupta)
Chairman

Shailja Pant
(Dr. Shailja Pant)
Principal

P. Jain
(Dr. Piyush Jain)
Chief Instructor



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Public Chat

MESSAGES

NOTES

Shared Notes

USERS (46)

RAHUL_D... (Blocked) | M...

RAKSHIT... (Blocked) | M...

RITAL_SH... (Blocked) | M...

RITIKA_B... (Blocked) | M...

RITIKA_R... (Blocked) | M...

ShivangL... (Blocked) | M...

SHIVANI... (Blocked) | M...

SIMRAN

PARIKSHA_TOMAR 11:12 AM
Pariksha Tomar

RITAL_SHARMA 11:12 AM
Rital sharma

RITIKA_RAWAT 11:13 AM
Ritika Rawat

PRASHAMSA_ARYAL 11:13 AM
Prashamsa Aryal

NIDA_JAVED 11:13 AM
Nida Javed

LUNGDAYILE_SLANG 11:14 AM
Lungdayile siang

GUEST_FACULTY 11:24 AM
Prerna Biswakarr

Richa-Agarwal354898 is typing

Richa-Agarwal354898

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INTRODUCTION

- o Taping is used as one of the means of rehabilitation or prophylaxis in instances where support and stability are needed, as a first-aid tool, for the prevention of injury and protection of an injured anatomical structure while healing is taking place.
 - o Singh, G. (2019).
- o Prophylactic use of tape to prevent sporting injuries has also been reported.
 - o William et.al.2012

GPS Map Camera

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11:16 AM 27-07-2022



Dehradun, UT, India
 Vikasnagar, Dehradun, 248007,
 Lat 30.377650, Long 77.939888
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